

BASICS OF WITCHCRAFT

How Magic Works

✧ Magic is all about energy manipulation. A witch has to master the art of pushing and pulling energy in order to be successful in their practice. Magic, in its simplest form, is directing energy where you'd like it to go. You can think of magic like a sort of conversation between the universe and yourself - only you're using tools, ingredients, and intention to speak with it. In fact, you've probably already practiced magic without realizing it! Every time you blow out birthday candles and make a wish, or knock on wood to prevent a jinx, that's magic. Magic is all around us, all the time. ✧

WE'RE ALL CONNECTED

A key component of witchcraft and magic is recognizing that we share this world with others. We each have our own souls, our own strengths and weaknesses, and our own hopes and dreams. Learning to be present in the world - to feel the connection between yourself and all of life - is essential to understanding the functions of magic. Magic only works when you open your heart to the universe and allow yourself to connect with it.



A WITCH'S FOUNDATIONS

There are a few skills every witch must have to practice magic effectively and safely. These skills improve with consistent effort and time, so don't fret if you haven't mastered them yet - you can! Try incorporating these skills into your daily life.



ENERGY MANIPULATION: Learn to harness your personal energy and direct it where you want it.

INTUITIVE AWARENESS: Learn to listen to your inner voice. Tune into the spiritual realm at will.

INTENTION: Know the basics of creating an intention to focus on when practicing magic. Understand how to use language and thoughts to your advantage.

FOCUS: Learn to clear your mind and focus intently on the task at hand, putting all your intent into it.

VISUALIZATION: Being able to visualize your desires allows the universe to visualize them as well.

CONFIDENCE: Learn to be self-assured so that your magic can be, too.

KNOW THE BIG FOUR: Learn these basic concepts before practicing magic to stay safe and protected: cleansing, charging, banishing, and warding.

TRUST: Learn to trust yourself and the universe to get you where you need to go.